



HAWKE'S BAY POVERTY BAY SUMMER LONG COURSE CHAMPIONSHIPS

28TH NOVEMBER – 30TH NOVEMBER 2025

KIWA POOLS, GISBORNE
50M - 8 LANE POOL

28 th November 2025	29 th November 2025	30 th November 2025
Friday PM	Saturday AM	Sunday AM
Warm Up –12pm Start – 1pm	Warm Up –7am Start – 8am	Warm Up -7am Start 8am
10&U 4x50 Medley Relay (Mixed) - 1	10&U 4x50 Free Relay (Mixed) -18	200 Fly (T/F) – 37,38
12&U 4x50 Medley Relay (M&F) - 2,3	12&U 4x50 Free Relay (M&F) – 19,20	50 Breast (H) – 39,40
50 Fly (H) - 4,5	200 Back (T/F) – 21,22	100 Free (H) – 41,42
400 Free (T/F) – 6,7	100 Fly (H) – 23,24	50 Back (H) – 43,44
100 Back (H) - 8,9	50 Free (H) – 25,26	Open 4x50 Medley Relay (M&F) – 45,46
200 Breast (T/F) - 10,11	100 Breast (H) – 27,28	1500 Free (T/F) – 47,48
	Open 4x50 Free Relay (M&F) - 29,30	
	800 Free (T/F) – 31.32	
Friday PM	Saturday PM	Sunday AM 2
Racing Starts approx. 1hr after Session 1	Warm Up – 3.30pm Start – 4.30pm	Racing Starts approx. 1hr after Session 5
400 IM (T/F) – 12,13	100 Fly (Final)	50 Free (Top 8) **
50 Fly (Final)	50 Free (Final)	50 Breast (Final)
200 Free (T/F) – 14,15	200 IM (T/F) – 33,34	100 Free (Final)
100 Back (Final)	100 Breast (Final)	50 Back (Final)
15&U 4x50 Medley Relay (M&F) – 16,17	15&U 4x50 Free Relay (M&F) – 35.36	HBPB Regional Draft Free Relay – Selected Teams

ALL INDIVIDUAL EVENTS ARE RUN AS SEPARATE MALE AND FEMALE

**** TOP 8 Male and Female 50 Freestyle CANNOT BE ENTERED.**

SWIMMERS WILL BE DETERMINED FROM THE 50 FREE INDIVIDUAL EVENT - (SATURDAY)

Please note – Live Timing/Swimify Results are not necessarily official results.

MEDALS AND RIBBONS WILL BE GIVEN DURING THE MEET

A PRIZEGIVING FOR HBPB SWIMMERS WILL BE HELD AT THE CONCLUSION OF THE MEET

THIS IS A REGIONAL CHAMPIONSHIPS BUT VISITORS ARE VERY WELCOME

Team Managers must attend the team manager meeting prior to the start of the Session 1, and any other meetings notified by the organising committee.

Team manager guidelines will be circulated prior to the meet.

MEET CONDITIONS

- All swimmers must be registered competitive swimmers on the SNZ database.
- This event will be an APPROVED MEET.
- The meet will be run under World Aquatic, SNZ and local conditions. The event organisers reserve the right to alter the programme and limit entries if required.
- All participants must adhere to the sports anti-doping rules.
- Para swimmers will be seeded amongst able bodied heats and timed finals. Para finals will be run where appropriate.
- Meet will be swum Long Course (50m) in an 8-lane pool. **8 lanes will be used for heats, timed finals, and finals.** Starts are over the top, except for finals.
- Scratchings – the HBPB Scratching Rule applies and **will be enforced.**
- Officials/Timekeepers – A roster will be circulated with club allocations based on numbers.
- Enquiries to Sue Hewitt – HBPB Swimming – swimhbpb@gmail.com

Entries (via SNZ Database)

- Age – as at 28th November 2025.
- **Individual Entry Fee - \$13.00** per individual event.
- Individual Entries Close – **midnight Sunday 23rd November 2025.**
 - Long Course Times (converted accepted). Times since 1st January 2024.
 - Late entries emailed to swimhbpb@gmail.com will be accepted up until noon Monday 24th November 2025 but will incur a late entry fee of \$20 per entry (in addition to the entry). No other late entries will be accepted.
- **Relay Entry Fee - \$10.00** per relay team entry.
- Relay Entries Close – **noon Monday 24th November 2025.**
- There are no qualifying times.

Individual Events

- Heats and finals will be held for the 50 and 100 events, in the following age groups:
 - 10 and under, 11, 12, 13, 14, 15, and 16 and over.
- 200, 400, 800 and 1500 events will be swum as timed finals:
 - 200 events (except 200 Fly) will be awarded as 10 and under, 11, 12, 13, 14, 15, and 16 and over.
 - 200 Fly, 400, 800 and 1500 events will be awarded as 13 and under, and 14 and over.
- 800 and 1500 Freestyle limited to Top 16 Male and Top 16 Female. Any swimmer that enters these events and does not get to swim will be given the opportunity to enter another event.
- **3 visitors maximum in each final - unless there are empty lanes in the final, in which case more visitors may swim.**
- Swimmers must swim the heat to be eligible for finals.

Relay Events

- Relays - Except the Draft HBPB Relay:
 - Are open to all teams (including visitors).
 - 10 and under relays are mixed. All other relays are separate male and female.
 - Have no medals/ribbons.
 - Trophies for all relays except the HBPB Draft Relay. Trophies awarded to HBPB clubs only.
 - Relay names to be entered by the end of the session prior – except for Session 1, where they must be in by 12.45pm. **Failure to lodge relay names will result in disqualification.**
- Draft HBPB Relay – Open to HBPB Clubs only – details are provided separately to this flyer.

Awards – Medals and Ribbons

- HBPB Swimmers – Medals for 1st, 2nd, and 3rd. Ribbons for 4th, 5th, and 6th.
- Visitor Ribbons for 1st, 2nd and 3rd.

Individual Awards

- **\$100 Prize for Top FINA Point Swim of the Meet.**
- Brendon Long Memorial - Fastest Male 50 Freestyle
- Compton Memorial Cup – Fastest Female 50 Freestyle

Team Points – HBPB Clubs Only

- **Individual Events**
 - Points as follows: 1st - 20, 2nd - 15, 3rd - 12, 4th - 8, 5th - 6, 6th - 5, 7th - 4, 8th - 3.
- **Relay Events**
 - Points as follows: 1st - 40, 2nd - 30, 3rd - 24, 4th - 16, 5th - 12, 6th - 10, 7th - 8, 8th - 6.

Team Trophies – HBPB Clubs Only

- Team Trophies Awarded
 - Junior Aggregate Cup – Top 13 and Under Points
 - Herald Aggregate Cup – Top 14 and Over Points
 - Presidents Cup – Top Club – Combined Junior and Senior

This Is A GOOD SPORTS Event



HBPB SWIMMING RULES WITHDRAWALS DISQUALIFICATIONS AND PROTESTS

Withdrawals During Meet- HBPB Swimming Scratching Rule

- The HBPB Swimming scratching rule may apply to Withdrawals.
 - For Finals**
 - Competitors wishing to withdraw from finals events shall do so in writing through their Team Manager and lodged with the Recorder/Control Room within the following time:
 - Within 30 minutes of the written posting of the list of finalists for that event.
 - Penalty Finals**
 - Any competitor not having withdrawn as required and who does not compete in the finals event shall be deemed a late withdrawal, except where there are medical reasons or proved hardship, and shall be debarred from competing in their next individual event.
 - When a Club team is a late withdrawal, that Club shall be debarred from competing in the next team event for which that Club has entered.
 - For Heats**
 - If a swimmer does not turn up for their heat event they are recorded as a No Show.
 - Medical Scratching for Finals**
 - A medical certificate is necessary. For medical reasons, a swimmer can scratch up to 15 minutes before a session starts (not warm up) but must scratch for all that session. If taken ill during a session a swimmer must scratch for the rest of that session.
 - The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed.
- If within the advertised time frame, complete the form for each swimmer (if the scratching is for all events, then one form will suffice). If it is for individual or selected events, then multiple forms must be written. Never put multiple swimmers on the same form even if scratching from the same event.

Disqualifications & Protests – HBPB Swimming Protest Rule

- Protests are possible if the rules and regulations of the competition are not observed, or against the decisions of the referee, however, no protest shall be allowed against decision of fact.
- Protests must be submitted in writing to the referee by the authorised team manager **with a fee of \$50 within 30 minutes following the formal publishing of results.**
- All protests shall be considered by the referee. If the referee rejects the protest, they must state the reason for their decisions. If the protest is rejected, the fee will be forfeited to HBPB Swimming. If the protest is upheld the fee will be returned.
- As per World Aquatic rules and SNZ guidelines, if the Referee does not accept the protest, the club has the ability to request the Jury of Appeal to consider the protest. At this time, the Meet/Technical Director will convene the Jury of Appeal and chair the discussions, advise the Referee and the Club Manager of the outcome of the Jury.
- As per the HBPB Swimming Rules a \$50 protest fee will apply.
- ONLY Team managers can approach the referee/control room, and/or make protests.